



Tools for service providers Refugees at risk **Building service providers'** capacity in three ways: In 2013, nearly 51.3 million people were forcibly Online courses Community of Practice (CoP) Toolkit. Refugee Mental Health online courses Two University of Toronto accredited courses are tailored to specific sectors: course for health care professionals course for settlement/social service providers.

Global migration

displaced, worldwide

• ... of these, 16.7 million were considered refugees¹

Canada admits about 25,000 refugees annually; over half settle in Ontario^{2,3}



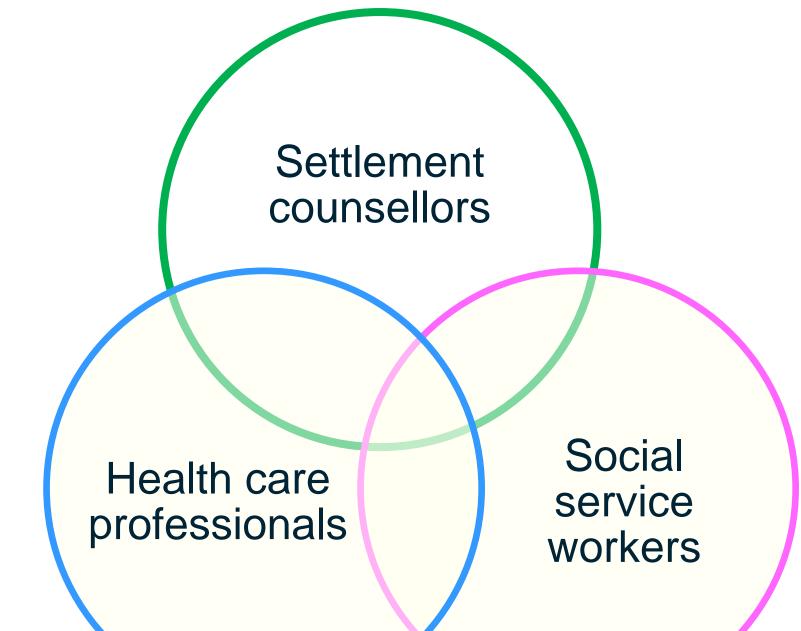
• 25,000 Syrian refugees will be resettled to Canada by February, 2016⁴

Risk for mental health problems

- Refugees are at risk for mental health problems due to resettlement stressors^{5,6}
- Refugees require a strengthened response from
- service providers, according to the Mental Health Commission of Canada⁷

The role of service providers

Service providers are key to successful resettlement



The Refugee Mental Health Project **Education & capacity-building for service providers** Branka Agic MD PhD^{1,2}, Janet Ngo MA¹, Diliana Chopova MPH¹,Kwame McKenzie MD FRCPsych (UK) ^{1,2} ¹Centre for Addiction and Mental Health ²University of Toronto



Course Content	
Settlement /social service workers'	Health care professionals' cou
course	
Determinants of refugee mental health	
Mental health disorders affecting refugees	
Vulnerable refugee populations	
Mental health promotion	Mental health promotion and
Counselling & case management	
Working with interpreters in a settlement context	Working with interpreters in a cl
Preventing burnout, compassion fatigue & secondary trauma	

Community of Practice (CoP)

Discuss practice issues Collaborate on initiatives Attend Webinars

Toolkit

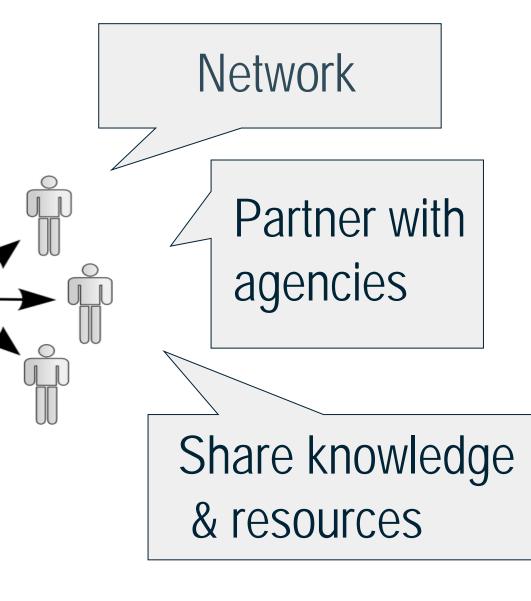
The online Toolkit includes:

- Weblinks to resources
- Guidelines
- Multilingual resources
- Screening & assessment tools.

n care professionals' course

ental health promotion and treatment

ing with interpreters in a clinical setting



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= Comprehensive network of service provision

¹United Nations High Commissioner for Refugees (UNHCR). (2013). *Global Trends 2012: Displacement* - The new 21st century challenge. Retrieved from http://www.unhcr.org.uk/fileadmin/user_upload/pdf/UNHCR_Global_Trends_2012.pdf ² Citizenship and Immigration Canada (CIC). (2011a). *Canada: Facts and Figures 2010—Immigration* Overview: Permanent and Temporary Residents. Retrieved from http://www.cic.gc.ca/english/pdf/research-stats/facts2010.pdf ³ Ontario Immigration (2010). Ontario Immigration Key Facts: Preliminary 2010 Data. Accessed Sept. 20, 2012 at:

http://www.ontarioimmigration.ca/stdprodconsume/groups/csc/@oipp/documents/document/stdprod_088 885.pdf

⁴Government of Canada. "Canada Offers Leadership on the Syrian Refugee Crisis" (news release). Accessed Nov. 27, 2015 at: http://news.gc.ca/web/article-en.do?nid=1021919 ⁵ Williams, CL and JW Berry (1991). "Primary prevention of acculturative stress among refugees." Application of psychological theory and practice", American Psychologist, June; 46 (6): 632-41. ⁶ Canadian Mental Health Association (Ontario). "Immigrants and Refugees". Accessed Sept. 20, 2012 at: http://www.ontario.cmha.ca/about_mental_health.asp?cID=23054 ⁷ Mental Health Commission of Canada (2012). "Changing Directions, Changing Lives", Accessed Sept. 20, 2012 at: http://strategy.mentalhealthcommission.ca/

The Refugee Mental Health Project is funded by Citizenship and Immigration Canada (CIC).







Outcomes

Success reaching service providers

 Courses are free for Ontarians; available outside Ontario for a fee; offered in French and English • Over 2,500 Ontario health care, settlement & social service providers trained since 2012

Over 600 professionals in total attended Project learning

• Over 1,000 CoP members • Referrals & partnerships were created within and

References

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