Immigrant Settlement



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Sport and Integration

- Sport combatting social ills used as tool for assimilation
- Expectation to conform to dominant structures
- Lack of reference to multiculturalism



Sport and Cultural Capital

- Attitudes, preferences, behaviours and goods (Lamont & Lareau, 1988:)
- An individual's competence within a high status culture

(Bourdieu & Passeron, 1977)

- May enhance integration outcomes(Hage, 2008)
- Multi-faceted value in different contexts



To synthesize and summarize what is known about the cultural capital of **culturally and linguistically diverse migrant** populations in the context of their sports participation

Methods

Systematic literature review
'sport', 'physical activity', or 'exercise' combined with migrant and cultural capital descriptors
Peer reviewed English language journal articles published after 1990

1. Cultural Capital -> Barrier

- Migrant-specific CC as a barrier
- Language proficiency and a lack of knowledge about rules, norms
- Sports activities not meeting cultural needs/ being viewed as important

2. Producing new Cultural Capital

- Cultural Capital valued within mainstream culture
- Belief participation in mainstream sport will help assimilate
- Few alternative programs
- Learning language, norms, values, belief exercise is important for health

3. Reproducing Cultural Capital

- Migrant-specific cultural capital
- Participation within own ethnic group favoured – formal/informal
- Mobilize resistance against discrimination
- Maintain cultural identity and ethnic ties

4. Negotiating Cultural Capital

- Migrants using agency to negotiate with mainstream culture
- Sport as a space to develop CC valued in home and destination culture
- Cultural hybridity
- New ethnic sporting institutions and practices

Discussion

Relatively unexplored area of research

- Sports can help develop all types of Cultural Capital – multi-dimensional
- Step away from assimilationist and backpack approaches
- Agency

Integration

Mainstream sports participation

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