

from SCHOOL SETTLEMENT WORKER to AUTHOR

SECOND GENERATION
FILIPINA-CANADIAN
BORN IN SARNIA, ONTARIO

SETTLEMENT
WORKER

RESEARCHER

JOURNALIST

author

EVERYTHING
along MY JOURNEY
has
LED ME
to THIS BOOK

EVERY SETTLEMENT WORKER
HAS STORIES ABOUT A
NEWCOMER THEY WILL
NEVER FORGET

TOUR GUIDE IN
LITTLE MANILA
(TORONTO)

SCHOOL BOARD
CONSULTANT

COMMUNICATION &
OUTREACH PROGRAM
SPECIALIST AT
TOGETHER PROJECT

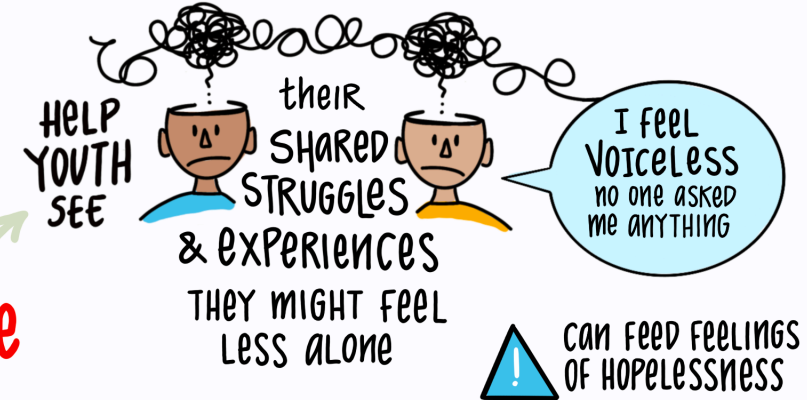
NEWCOMERS' STORIES:
THE FILIPINO DIASPORA
INSIDE & OUTSIDE
MAJOR CITIES



THE
COMMUNITY
YOU WANT
TO SERVE

VALUABLE
DATA

TO CONTEXTUALIZE
THE REALITIES
FACED BY YOUTH
& THEIR FAMILIES



MENTORS &
ROLE MODELS
are essential!
NURTURE LONG-TERM
CONNECTIONS



WHAT
BRIDGES
CAN YOU BUILD?

WHAT CONNECTS US?
WHAT DO WE
HAVE IN COMMON?

"SHOW PEOPLE
WHAT
REALLY MATTERS
SO THAT THEY
CAN'T LOOK AWAY!"

FAMILIES
SEPARATED
BECAUSE OF
MIGRATION

INITIATIVES that are **transforming** LIVES



FILIPINO
TALKS

a Filipino-
Canadian
crash-course

STORIES
ABOUT

- MOMS
- KIDS
- SPOUSES
- SIBLINGS
- PARENTS
- SECOND GENERATION IMMIGRANTS

3 audiences in mind
FILIPINOS, TEACHERS
& SETTLEMENT WORKERS



"THE THINGS THAT
KEEP US UP AT NIGHT
ARE WORTH SHARING"

WRITING
became
A FORM OF
SELF-CARE

WHAT DOES YOUR
SELF-CARE STRATEGY
LOOK LIKE?